

Is it free for me?

Understanding when care is free, and when it's not



You have health insurance so you can stay healthy. You can get certain screenings and shots for free if you get them from in-network health care providers. Look on the back for some examples of free preventive screenings.*

A free service, though, can lead to other tests or treatments that aren't free. You may owe a copayment, have to pay toward a deductible or pay coinsurance. Here are some examples.

Pre-checkup bloodwork

You have an appointment for your annual (free) physical. Your doctor sends you orders for lab work to get before your appointment.

Follow-up tests

You go to the doctor for your annual (free) physical. You tell your doctor that something is bothering you. Your doctor orders a follow-up service, like a lab test, an x-ray, an MRI or an EKG.

Extra time or services

Your doctor spends extra time at your annual (free) physical talking to you about ways to manage a health condition or giving you advice on programs to reduce your weight.

In each example, you may be charged for tests, lab work or consultations. How much depends on the service and on what your health plan says you pay for it.

Ways to know what's free and what you'll pay for

- Read your health plan documents. They explain your out-of-pocket costs. You can find your plan documents by logging into connecticare.com.
- Ask your doctor or doctor's staff if you may be charged for any services.
- Contact ConnectiCare to verify what's free and what's not.

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Preventive screenings

Some free screenings that may come with your plan:

	Adult man	Adult woman	Child
Early cancer detection			
Breast cancer (routine mammogram) Regular screening should start at age 40 or 50. Talk to your doctor about when and how often you should be screened.		<input type="checkbox"/> Age 40+	
Cervical cancer (Pap test)		<input type="checkbox"/> Age 21-64	
Colon cancer (colonoscopy) Recommended every 10 years (or more often if you have certain risk factors) for men and women beginning at age 50.	<input type="checkbox"/> Age 50-75	<input type="checkbox"/> Age 50-75	
Other preventive screenings, if at risk			
Autism, psychosocial & developmental issues			<input type="checkbox"/> 0 – 21 years
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Age 12+
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lead			<input type="checkbox"/> 12 & 24 months
Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Questions? Get in touch!

By phone: 1-800-251-7722 (TTY: 1-800-833-8134)

In person: At a ConnectiCare center
 For locations and hours, go to visitconnecticare.com

Online: connecticare.com

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*“Free” preventive care means that you will not have a copay or have to pay money toward your deductible or coinsurance for the services. Sometimes a preventive care visit leads to other medical care or tests, even at the same appointment. You should check with your doctor or doctor’s staff during your visit to see if there are services you may be billed for.

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